



FAMILY FEUD

START

Strengths-based survey to fill an information void

Afterschool time

How do teens spend time OST and how do they *want* to? What influences those choices? What makes a quality afterschool program?

Communications

How teens say they like to get information and communicate today so we can reach them effectively.

Mental Health

What teens say about mental health: stressors, stress relief, stigma and access to care.

READY to Play?

Meet Your Team

VOX ATL is all about community, so gather with your “family” team and do a quick check-in: name, pronouns & 1 strength you bring to the team.

Collaborate

You’ll have 30 seconds to collaborate with your team to assess your answers, guessing what teens today said in our survey.

Top Answer Wins

We’ll reveal teens’ top answers to the survey questions, focusing on afterschool, mental health & communications today.

2023 Teen Survey Demographics

458 youth

Ages 11-25

More than 40% were
16-17

County

70% were in the 5-county
metro-Atlanta area.

School

56% public school, 9% private,
5% homeschool & 5% alternative,
13% in college; 2% not in school.

Race

60+% identified as young
people of color; 47% as white.

Gender

57% identified as female; 38%
as male, 5% gender queer/
trans/agender

What did teens say they'd MOST LIKE to do after school?

Career-related experiences **48**

Relaxing space just for teens **41**

Hang outdoors **48**

Stay home **40**

Sports **43**

Participate in a club **39**

GAME SHOW

What most influenced how teens spent their OST time?

Personal Interests **39**

Location **32**

Help my future **39**

Transportation **31**

Parent/ caregiver **35**

School requirements **28**

GAME SHOW

What do teens say makes an afterschool program a **QUALITY** experience?

Community /
belonging **51**

Expanding my
skills **47**

Meeting new
people **49**

Adults who know
me **42**

No judgment
zone **48**

Interesting peer
conversations **42**

GAME
SHOW

What do teens say helps them feel VALUED?

("I feel valued when _____")

I can help others **59**

I spend time with people I care about **49**

Adults ask my ideas/opinions **57**

I can make a difference (social issue) **49**

I can earn my own money **54**

My peers ask my ideas/opinions **48**

GAME SHOW

MENTAL HEALTH

STRESS: 70%+

41% said they experience high or extremely high levels of stress. Another 31% experience moderate stress.

Talk about it!

72% said teens they know talk openly about mental health!

Suicidal thoughts

46% said they know someone who has had suicidal thoughts

What causes teens the most **STRESS** in 2023?

My mental health **41**

Family challenges **32**

School **35**

My physical health **29**

Prepping for life after HS **33**

Financial stress **24**

GAME SHOW

How do teens say they like to **RELIEVE** stress?

Consuming media **48**

Making something
creative **38**

Extracurricular
activity or sport **44**

Gaming **38**

Talking it out
with peers **41**

Reading **33**

GAME
SHOW

What keeps teens from accessing mental health care?

Cost **39**

Don't connect with the provider **21**

I don't feel ok asking for help **28**

Parent(s) said no **18**

I don't know where to go... **26**

Transportation **15**

GAME SHOW

Communications

NEWS & INFO

Top Interests

Media Platforms

What do teens say are their top interests and concerns today?

Life after HS **53**

Education (during HS) **40**

Social Justice **46**

Community /
Neighborhood **39**

Social Media /
Games **40**

Arts & Culture **39**

GAME
SHOW

How do teens like to communicate with their peers (most common way to communicate)?

Text **21**

Video calls (like FT or Snapchat) **16**

Social Media DMs **18**

In Person **10**

Messaging platforms **18**

Phone calls **9**

GAME SHOW

Which Social Media platforms do teens say they use the most daily?

TikTok **44**

Twitter **24**

Instagram **38**

Snapchat **21**

YouTube **33**

Discord **18**

GAME
SHOW



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